PHYSICAL EDUCATION AUGUST 2021

SchoolEducationGateway



SEG BULLETIN

the latest articles, activities, and platform updates

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About this bulletin

This bulletin aims to keep our stakeholders up to speed with new content, activities and developments of the School Education Gateway.

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Physical education is not just about keeping students fit

Schools are recognised as important settings for the promotion of physical activity among young people. Not only does physical education contribute to pupils' immediate fitness and good health, but it also fosters their physical, mental and emotional development. Because of its numerous benefits, the promotion of physical activity has received increased attention at the European level.



To achieve its physiological and educational goals, both the way physical education is delivered and the context in which it occurs are important. Through organised and systematic work, physical education can prove to be an essential discipline for promoting public health.

Physical education at school provides an excellent opportunity to learn and practise skills likely to enhance lifelong fitness and good health. Discover four exemplary EUfunded initiatives.





This year, the European Week of Sports will be celebrated in autumn 2021. In addition, a new, two-year campaign – HealthyLifestyle4All – will be launched to promote healthy lifestyles across generations and social groups. Are you ready to organise your event? Get inspired.

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Every year, Europe's rich linguistic diversity is celebrated with initiatives that encourage the teaching and learning of languages. On School Education Gateway, we have prepared a few professional development opportunities for you to join:

1) Webinar on language learning in school - Friday 10 September

You will be introduced to the interdisciplinarity and to the benefits of creative writing in language learning, with a special focus on learning English through STEM and creative writing in the classroom. Register today.



2) New Teacher Academy course 'Embracing Language Diversity in Your Classroom' starting on 20 September

Do you have multilingual students and wonder how to best deal with foreign languages being the classroom? Dealing with spoken international or exchange students can be a challenge. Get the language barrier out of the way and embrace linguistic diversity with this free online course.



Video selection of this month



Well-being and its application in schools

In this interview, Jean Gordon analyses the concept of well-being and its significant role in schools.



Metrolingualism, superdiversity and European classrooms Have you ever heard of metrolingualism and superdiversity? And do you know what it takes to teach a multilingual classroom? An insightful discussion with Thomas Fritz.

Survey on cultural identities

Do you think pupils' cultural and ethnic backgrounds could be more effectively recognised in school? If yes, how?

This new short, multilingual survey tries to investigate the topic. Share your views by 3 October 2021. The results will be published on School Education Gateway.